

# Kaiser Foundation Health Plan of Washington

# Clinical Review Criteria Substance Use Disorder

- Office-Based Opioid Agonist Treatment for Opioid Use Disorder
- Methadone Treatment
- SUD Treatments, Level of Care

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# Criteria

#### **For Medicare Members**

Source	Policy
CMS Coverage Manuals	None
National Coverage Determinations (NCD)	Inpatient Hospital Stays for Treatment of Alcoholism (130.1) Outpatient Hospital Services for Treatment of Alcoholism (130.2) Chemical Aversion Therapy for Treatment of Alcoholism (130.3) Excluded Service: Electrical Aversion Therapy for Treatment of Alcoholism (130.4) Treatment of Alcoholism and Drug Abuse in a Freestanding Clinic (130.5) Treatment of Drug Abuse (Chemical Dependency) (130.6) Withdrawal Treatments for Narcotic Addictions (130.7)
Local Coverage Determinations (LCD)	None
Local Coverage Article	None
American Society of Addiction Medicine (ASAM)	Kaiser Permanente uses ASAM criteria as a supplement to the above NCDs or LCDs for medical necessity review of residential, inpatient, and detoxification treatment for Medicare members.

## For Non-Medicare Members

Service	Criteria	
Office-Based Opioid Agonist Treatment for Opioid Use Disorder	Admission to provider office-based treatment: ALL of the following met in order to qualify for admission to a provider for office-based treatment (e.g. buprenorphine/naloxone (Suboxone), buprenorphine (Subutex, Sublocade, Probuphine), and naltrexone (Vivitrol)):	
	<ol> <li>The primary use for the office-based opioid management is for treatment of the patient's Opioid Use Disorder (e.g. not as primary treatment of the patient's pain disorder)</li> <li>The patient is assessed to be an appropriate candidate for office-based medication maintenance therapy</li> </ol>	
	Continued Stay Criteria: In addition to meeting criteria for admission into office-based opioid use disorder medication treatment, ALL of the following must be met in order to meet criteria for continued stay in office-based opioid use disorder	

	<u>Criteria   Codes   Revision History</u>
	medication treatment:  1. Patient is adhering to their treatment plan, as determined by the physician  2. Treatment is primarily for Opioid Use Disorder
	Discharge Criteria: The patient meets discharge criteria when meeting ONE OR MORE of the following:  1. Patient is failing office-based opioid use disorder medication treatment provider treatment requirements, as defined by the individual provider.  2. Patient voluntarily discontinues office-based opioid use disorder medication treatment.
Methadone Treatment (H0020)	No medical necessity review required. No prior authorization required for contracted providers for opioid use disorder.
For all other SUD treatments  The following services may be considered medically necessary when criteria are met using ASAM® Criteria:  Outpatient Services Intensive Outpatient Partial Hospitalization Service Inpatient Detoxification Residential Admission & Concurrent Stay Sub-Acute Detoxification	Kaiser Permanente uses criteria from the American Society of Addiction Medicine (ASAM) to review for residential, inpatient, and detoxification services for adults and adolescents. ASAM criteria were created to improve access to and quality of care in the treatment of substance use disorders. These criteria match individual patients with the appropriate services to help patients succeed in their recovery. This policy describes which types of substance use disorder treatment may be considered medically necessary when using ASAM criteria.

\*The ASAM criteria are proprietary and cannot be published and/or distributed. However, on an individual member basis, Kaiser Permanente can share a copy of the specific criteria document used to make a utilization management decision. If one of your patients is being reviewed by our Behavioral Health department, you may request a copy of the criteria that is being used to make the coverage determination. Call the Behavioral Health Unit for more information regarding the case under review.

#### If requesting these services, please send the following documentation to support medical necessity:

- Last 6 months of clinical notes from requesting provider &/or specialist
- · Last 6 months of radiology if applicable

The following information was used in the development of this document and is provided as background only. It is provided for historical purposes and does not necessarily reflect the most current published literature. When significant new articles are published that impact treatment option, Kaiser Permanente will review as needed. This information is not to be used as coverage criteria. Please only refer to the criteria listed above for coverage determinations.

# **Background**

Kaiser Permanente Mental Health and Wellness Services has adopted American Society of Addiction Medicine (ASAM) criteria to define medical necessity for substance use disorder treatment and to define substance use disorder level of care.

# ASAM placement criteria for both adult and adolescents

Washington State requires the use of ASAM criteria by State-certified chemical dependency treatment providers, when determining placement of patients with substance use disorders (criteria includes placement recommendations related to residential treatment). Clinical recommendations must be documented in writing and must contain objective clinical information. Clinical criteria do not factor in family, employer or legal mandates or requests for treatment. Clinical criteria are intended to evaluate the impact of the substance use disorder on the affected individual (via a bio-psychosocial assessment) and to guide decision making related to care strategies.

#### ASAM placement criteria for both adult and adolescents

Washington State requires the use of ASAM criteria by State-certified chemical dependency treatment providers, when determining placement of patients with substance use disorders (criteria includes placement recommendations related to residential treatment). Clinical recommendations must be documented in writing and must contain objective clinical information. Clinical criteria do not factor in family, employer or legal mandates or requests for treatment. Clinical criteria are intended to evaluate the impact of the substance use disorder on the affected individual (via a bio-psychosocial assessment) and to guide decision making related to care strategies.

# **Evidence and Source Documents**

## References:

The ASAM Criteria: Treatment Criteria for Addictive, Substance-Related and Co-Occurring Conditions, Third Edition (2013)

Copies of the criteria can be obtained at www.asam.org.

Revised Code of Washington (RCW) 41.05.528

# **Applicable Codes**

## **Methadone for Opioid Use Disorder**

Medical Necessity Review not required:

CPT® or HCPC	Description
Codes	
H0020	Alcohol and/or drug services; methadone administration and/or service (provision of the drug by a
	licensed program)

#### **Substance Use Disorder**

Considered Medically Necessary when criteria in the applicable policy statements listed above are met:

CPT® or HCPC	Description
Codes	
No specific cod	des

<sup>\*</sup>Note: Codes may not be all-inclusive. Deleted codes and codes not in effect at the time of service may not be covered.

CPT codes, descriptions and materials are copyrighted by the American Medical Association (AMA). HCPCS codes, descriptions and materials are copyrighted by Centers for Medicare Services (CMS).

Date Crea		Date Reviewed	Date Last Revised
01/09	9/2006	07/02/2013 <sup>MDCRPC</sup> ,10/01/2013 <sup>MPC</sup> , 08/05/2014 <sup>MPC</sup> , 06/02/2015 <sup>MPC</sup> , 04/05/2016 <sup>MPC</sup> , 09/06/2016 <sup>MPC</sup> , 07/11/2017 <sup>MPC</sup> , 05/01/2018 <sup>MPC</sup> , 05/07/2019 <sup>MPC</sup> , 05/05/2020 <sup>MPC</sup> , 05/04/2021 <sup>MPC</sup> , 05/03/2022 <sup>MPC</sup> , 05/02/2023 <sup>MPC</sup> , 11/05/2024 <sup>MPC</sup>	10/24/2023

MDCRPC Medical Director Clinical Review and Policy Committee

MPC Medical Policy Committee

Revision History	Description
01/05/2016	Online version of criteria has been updated with editorial changes
07/11/2017	Minor changes to criteria to note ASAM criteria, 3 <sup>rd</sup> edition
12/31/2020	Adopted ASAM Criteria for non-Medicare per mandated Washington state requirement, effective January
05/26/2021	Adopted ASAM criteria for Medicare members. Requires 60-day notice, effective October 1, 2021.
09/17/2021	Updated Background and References with current information.
10/03/2023	MPC should approve updates to the criteria in order to stop requiring prior-authorization of office-based methadone treatment (H0020) for opioid use disorder. 60-day notice required, effective March 1, 2024.
10/24/2023	Merged all criteria sets that utilize ASAM Criteria: Outpatient Services, Intensive Outpatient/Partial Hospitalization Service, Residential/Inpatient Services, Sub-Acute Detoxification

<sup>\*\*</sup>To verify authorization requirements for a specific code by plan type, please use the **Pre-authorization Code Check**.