

The following table displays a summary of changes made to criteria during Medical Policy Committee (MPC)

Follow this link below for a complete list of Kaiser Permanente Washington clinical criteria:

Clinical Criteria	Status	Synopsis of Decision/Activity	Decision Date	Effective Date
Artificial Spinal Discs for Lumbar or Cervical Disc Disease	New	MPC approved criteria for single-level artificial lumbar disc replacement for degenerative disc disease.	05/01/2025	10/01/2025
SynOne Test for diagnosis of Synucleinopathies	New	MPC approved the adoption of new clinical criteria for the Syn-One Skin Biopsy Test for Synucleinopathy for both Medicare and commercial members.	05/01/2025	10/01/2025
Tonsillectomy & Adenoidectomy Procedures	New	MPC approved the adoption of new criteria for Tonsillectomy and Adenoidectomy (T&A) procedures in patients aged 18 and older, based on a review of outside medical spend and market analysis; and to establish a gold card agreement with the WPMG ENT department.	05/01/2025	10/01/2025
Catheter Based EP Ablation Procedures	New	MPC has approved the hybrid criteria for Electrophysiologic Study and Intracardiac Catheter Ablation (KP-154 10012025) procedures, along with establishing a gold carding agreement with WPMG Cardiology.	05/01/2025	10/01/2025
Cardiac Defibrillators	Change	MPC approved the proposed criteria for cardiac defibrillators for commercial members as presented. The changes aim to strengthen clinical appropriateness, reduce unnecessary procedures, and ensure patients receive maximized benefit from medical management before considering ICD implantation.	04/01/2025	09/01/2025
Bone Anchored Hearing System	Change	MPC approved the proposed updates to the Bone Anchored Hearing System (BAHS) criteria. In alignment with standard practice, which recommends a 30- to 60-day hearing aid trial before considering BAHS, the updated criteria will now reflect a 30-day trial requirement.	04/01/2025	09/01/2025
Knee Arthroscopy	Change	MPC has approved the proposed updates to the MCG Hybrid Knee Arthroscopy criteria (KP-S-705 09012025). These changes standardize conservative care pathways before surgery, strengthen clinical documentation requirements, and more clearly define treatment eligibility to support consistent, evidence-based surgical approvals.	04/01/2025	09/01/2025
Advanced Bronchoscopy Techniques	Change	MPC approved the proposed criteria update for Advanced Bronchoscopy Techniques, specifically Electromagnetic Navigation-Guided Bronchoscopy, to clarify the policy and ensure alignment with community standards of care.	03/04/2025	08/01/2025
MRI Shoulder	New	MPC approved the hybrid policy, KP-0056 08012025 for medical necessity criteria and to establish a gold carding agreement with WPMG Orthopedics and Sports Medicine.	03/04/2025	08/01/2025

KAISER PERMANENTE® Summary of Medical Policy Changes

MRI Cervical	Change	MPC approved the proposed updates for oncologic	03/04/2025	08/01/2025
MRI Lumbar Spine MRI Thoracic Spine		staging or restaging of the spine to the MRI Cervical, thoracic and lumbar criteria as presented.		
Dermatology	Change	MPC approved the proposed changes for Excimer	03/04/2025	08/01/2025
Dematology	Change	Laser to clarify and further address and define conservative treatment.	03/04/2023	00,01,2023
<u>Reconstructive and Cosmetic</u> <u>Surgery Credentials</u>	Change	 MPC endorsed to implement softened preferred credential language: [Credentials] are preferred for [procedure]. [Procedure] may be medically necessary when the following criteria are met; for the following criteria sets: Gender Affirming Surgeries Breast Reconstruction Gynecomastia Breast implant removal and re-Implantation Rhinoplasty Blepharoplasty Restorative and Cosmetic Procedures 	02/04/2025	07/01/2025
Tumor Treatment Fields Change	Change	MPC approved the proposed criteria updates for Tumor Treatment Fields Therapy.	02/04/2025	07/01/2025
High Frequency Chest Wall Oscillation (HFCWO)	Change	MPC approved the proposed criteria updates for HFCWO devices.	02/04/2025	07/01/2025
Gender Affirming Surgery - Breast Augmentation	Change	MPC approved the criteria edits for "Gender affirming hormonal treatment regime," of the proposed medical policy as presented.	02/04/2025	07/01/2025
<u>PET PSMA</u>	Change	The MPC approved the proposed PET PSMA criteria for commercial members and initiated its application for Medicare members	01/14/2025	06/01/2025
<u>Bunionectomy</u>	New	The MPC approved the adoption of new coverage criteria for Bunionectomy procedures based on the MCG-Hybrid guidelines	01/14/2025	06/01/2025
Mental Health Policy—Outpatient Services: Psychoanalysis for Mental Health Disorders	Change	MPC approved to adopt MTAC's recommendation and create a policy of non-coverage.	12/01/2024	05/01/2025
Restorative & Cosmetic Procedures: Lipectomy for Lipedema	Change	MPC approved the proposed criteria for Lipectomy for Lipedema as presented.	12/01/2024	05/01/2025
<u>Radiofrequency Neurotomy Thoracic</u> <u>Spine</u>	Change	MPC approved the adoption of the Medicare LCD L38803 for medical necessity criteria for RFA Neurotomy in commercial members. In addition, MPC will reorganize the existing policies so that the facet injections and RFA procedures for facet mediated pain will be contained within the same policy.	12/01/2024	05/01/2025
Treatments for GERD	Change	MPC approved to adopt limited criteria for EsophyX [™] and LINX [®] procedures as presented.	12/01/2024	05/01/2025
<u>SPECT</u> Genetics Screening & Testing	Change	MPC approved the proposed draft criteria for SPECT for Amyloid Mediated Cardiomyopathy and Transthyretin (TTR) Amyloidosis Testing.	11/05/2024	04/01/2025
Surgical Procedures for Epilepsy	New	MPC approved to adopt explicit criteria for Responsive Neurostimulation (RNS).	11/05/2024	04/01/2025
Sacral Nerve Stimulator	Change	MPC approved the adoption of the proposed changes in the Sacral Nerve Stimulator policy for Medicare and Non-Medicare Members regarding conservative therapy.	11/05/2024	04/01/2025



Applied Behavioral Analysis	Change	MPC approved to adopt the proposed criteria	10/01/2024	03/01/2025
		updates to the Applied Behavioral Analysis Therapy		
		(ABA) policy to include clarifying language when		
		requesting for additional time.		
Gender Affirming Surgeries	Change	MPC approved to adopt the proposed changes to	10/01/2024	03/01/2025
		the Gender Affirming Services criteria to include		
		coverage criteria for body contouring.		
Shoulder Arthroscopy	New	MPC approved to adopt the proposed MCG Hybrid	10/01/2024	03/01/2025
		Shoulder Arthroscopy criteria as presented and		
		establish a gold carding arrangement/audit		
		schedule with WPMG Orthopedics department.		
Fundoplication	New	MPC approved to adopt the proposed medical	09/03/2024	02/01/2025
		necessity criteria above for Hiatal Hernia Repair as	,	
		presented, establish a gold carding agreement with		
		WPMG general surgery and re-evaluate the		
		evidence for and market position of LINX and		
		Esophyx to determine whether we should modify		
	New	our policy on these procedures.	00/02/2024	02/01/2025
<u>Hip Arthroscopy</u>	New	MPC approved to adopt the proposed MCG Hybrid	09/03/2024	02/01/2025
		Hip Arthroscopy KP-S-572 02012025 for Medicare		
		and Non-Medicare Members.		
			a a /a - /-	
MRI	Change	MPC approved to adopt the proposed update to	09/03/2024	02/01/2025
Thoracic MRI		MRI Lumbar and Thoracic criteria as presented for		
Lumbar MRI		Non-Medicare Members		
Mental Health Services	Change	MPC is recommending adding more explicit	09/03/2024	02/01/2025
		language to clarify the existing policy and the need		
		to submit supporting documentation to clinical		
		reviewers.		
Physical Therapy Services	New	MPC approved the proposed medical necessity	09/03/2024	02/01/2025
Occupational Therapy Services		criteria for PT/OT/SLP. MPC endorsed post service		
Speech & Language Therapy Services		review for very high utilizers, and will continue to		
<u></u>		study the best way to implement such an initiative.		
Advanced Care at Home	Change	MPC approved the amended changes to the policy	08/06/2024	01/01/2025
	8-	for Medicare and Non-Medicare Members.		,,
Knee Arthroscopy	New	MPC approved to adopt the proposed MCG	08/06/2024	01/01/2025
		Hybrid Knee Arthroscopy KP-S-705	, , , , , , , , , , , , , , , , , , , ,	
		01012025criteria as presented; approved to enter		
		into a gold carding agreement with the WPMG		
		Orthopedics Department.		
Phinoplasty	Chango	MPC approved to include a coverage statement to	08/06/2024	01/01/2025
<u>Rhinoplasty</u>	Change		00/00/2024	01/01/2025
		the Hybrid MCG policy for Rhinoplasty regarding		
The world Company's		Latera.	00/05/2021	01/01/2025
Thyroid Surgeries	New	MPC approved the medical necessity criteria for	08/06/2024	01/01/2025
		Thyroidectomies as presented; approved to enter		
		a gold-carding agreement with WPMG Endocrine		
		surgeons.		
Chronic Cerebrospinal Venous	Retired	MPC approved to retire the criteria; 60-day notice	07/02/2024	12/01/2024
Insufficiency Treatment		is required.		
Mobility Assistive Devices	Change	MPC approved the proposed criteria updated to	07/02/2024	12/01/2024
		remove review requirement for code E0950,		
		wheelchair trays when they have an approval for a		
	1			1



Summary of Medical Policy Changes

		wheelchair or being ordered for a patient with documentation of current wheelchair use.		
Genetic Screening and Testing: Colorectal Cancer Screening (Hereditary)	Change	MPC approved to adopt Colorectal Cancer (Hereditary) - Gene Panel (MCG Hybrid KP-0774 12012024) as presented.	07/02/2024	12/01/2024
<u>Genetic Screening and Testing</u> : SOD1 for ALS	Change	MPC approved to adopt the proposed hybrid criteria for Amyotrophic Lateral Sclerosis (ALS) - SOD1 Gene (MCG KP-0591 12012024) from the 28th edition.	07/02/2024	12/01/2024
<u>Hip Surgery Procedures for</u> <u>Femoroacetabular Impingement</u> <u>Syndrome</u>	Change	MPC approved changes to the existing FAI criteria for Medicare and Non-Medicare members. 60-day notice is required.	07/02/2024	12/01/2024
<u>Elective Surgical- Level of Care</u>	Change	 MPC approved the following recommendations for Medicare and Non-Medicare members; 60-day notice is required. Approve the addition of all the ASC soc codes to the Level of Care Policy Approve the proposed codes for procedures nearly always billed as outpatient to be added to the level of care policy Approve the proposed codes for procedures are often billed as outpatient (but sometimes inpatient) to be added to the level of care policy Approve the proposed codes usually billed as inpatient (but sometimes outpatient) that often discharge in 1 Midnight or less to be added to the level of care policy 		12/01/2024
<u>Genetic Panel Testing</u> : Cytochrome P450 Pharmacogenetics	New	MPC approved to adopt the MCG 28th edition policy on Cytochrome P450 testing, A-0775 for Non-Medicare Members.	06/04/2024	11/02/2024
<u>Electrical Stimulation Devices</u> : Gastric Stimulation Device	New	MPC approved adoption of the 28th edition of MCG for Gastric Stimulation (Electrical) criteria, A-0395 for Medicare and Non-Medicare Members.	06/04/2024	11/02/2024
Shoulder Arthroplasty	New	MPC approved to adopt hybrid MCG criteria for Shoulder Arthroplasty & Shoulder Hemiarthroplasty procedures for Medicare and Non-Medicare Members.	06/04/2024	11/02/2024
Clinical Criteria: Retired List	Retired	 MPC approved to retire the following criteria from clinical review as there has been no claims or reviews in the last 3 years and have been endorsed by clinical experts that there is no utilization. Clinical criteria sets recommended to retire: Defecography Digital Breast Tomography Magnetic Resonance Enterography Perfusion Computed Tomography Whole Body Computed Tomography Scan Peanut challenge/LEAP SpaceOar 	05/07/2024	10/01/2024
High End Imaging Site of Care—PET Scan	Change	MPC approved the addition of PET scan to the Site of Care criteria.	05/07/2024	10/01/2024
Facility Based Sleep Studies	New	MPC approved new medical necessity criteria for in-lab sleep studies.	04/02/2024	09/01/2024
Lower Extremity Prosthesis	Change	MPC approved the Medicare criteria for Lower Limb Prosthesis for commercial members.	04/02/2024	09/01/2024

KAISER PERMANENTE®

Summary of Medical Policy Changes

Electrical Stimulation Devices—TENS units	Change	MPC approved the modified hybrid criteria for TENS units for commercial members.	04/02/2024	09/01/2024
Bone Lengthening	New	MPC approved new clinical criteria for Bone Lengthening.	04/02/2024	09/01/2024
Biofeedback for Urinary Incontinence	Change	MPC approved to discontinue medical necessity review of biofeedback for the treatment of urinary incontinence.	03/12/2024	08/01/2024
Bulking Agents	Change	MPC approved the revised clinical criteria for use of urethral bulking agents in commercial members.	03/12/2024	08/01/2024
Pubovaginal Slings	Change	MPC approved the revised clinical criteria for sling procedures to treat urinary incontinence.	03/12/2024	08/01/2024
Capsule Endoscopy	Change	MPC approved the modified review criteria for capsule endoscopy.	03/12/2024	08/01/2024
Transcranial Magnetic Stimulation (TMS)	Change	MPC approved the revised clinical criteria for Transcranial Magnetic Stimulation (TMS).	03/12/2024	08/01/2024
Durable Medical Equipment	Change	MPC approved a new payment method for certain DME billing codes and removed payment methods for others, which will now be detailed on the DME page.	02/13/2024	07/01/2024
Hereditary Retinal Disorders	Change	MPC approved the proposed draft criteria above for Retinal Disorders (Hereditary) - Gene Panels MCG KP-0912 (hybrid).	02/13/2024	07/01/2024
PET Scan: Breast Cancer Staging	Change	MPC approved the revised clinical criteria for PET scan in the staging of breast cancer.	02/13/2024	07/01/2024
Pneumatic Compression Garments	Change	MPC approved to endorse the proposed criteria as presented, adopting the Medicare LCD Pneumatic compression devices L33829 for our commercial line of business.	01/09/2024	06/01/2024
Ultrasonic Bone Growth Stimulators	Change	MPC approved the proposed criteria to adopt non- hybridized criteria MCG Bone Growth Stimulators Ultrasonic MCG A-0414, which aligns with the market and Medicare.	01/09/2024	06/01/2024
Femoroacetabular Impingement Syndrome (FAI)	Change	MPC approved to revise the FAI policy to allow for FAI procedures to be authorized when a separate procedure for labral repair is indicated. 60-day notice is not required.	01/09/2024	01/23/2024
Sleep Apnea Treatments: Hypoglossal Nerve Stimulator	Change	MPC approved clinical coverage criteria for hypoglossal nerve stimulation and DISE procedure in support of the MTAC review.	01/09/2024	06/01/2024
Genetic Screening & Testing: Apolipoprotein E (APOE) Testing	Change	MPC approved medical necessity criteria for Apolipoprotein E (APOE) testing for patients with Alzheimer disease (AD) who are considering monoclonal antibody therapy against aggregated forms of beta amyloid.	01/09/2024	06/01/2024
<u>MRI - Brain</u>	Change	MPC approved to modify medical necessity criteria for brain and cervical spine MRI as in the SBAR, allowing for a short-term imaging follow-up after radiologic signs of MS disease activity and more rapid imaging follow-up for up to one year following a change in therapy.	12/09/2023	05/01/2024
PET Scan for Breast Cancer Imaging	Change	MPC approved to edit the clinical criteria for PET Scans to include an indication of breast cancer in order to more clearly align with the current NCCN guidelines and revise criteria as needed if/when NCCN updates their criteria further.	12/09/2023	05/01/2024



Summary of Medical Policy Changes

Home Pulse Oximetry	Change	MPC approved to endorse a position of non- coverage, aligning with CMS payment methodology.	12/09/2023	05/01/2024
<u>Cardiac Defibrillator</u>	Change	MPC approved adopting Medicare coverage criteria of Defibrillator and Pacemaker placement for commercial members and gold card WPMG Cardiology subject to ongoing audits of compliance with the stated criteria.	11/07/2023	04/01/2024
Myocardial Perfusion Imaging (MPI)	Change	MPC approved to initiate medical necessity review of MPI for Medicare Advantage members to align with 2024 CMS final rule.	11/07/2023	02/01/2024
Applied Behavioral Analysis (ABA) Therapy	Change	MPC approved to edit language in the current policy to reference WAC 388-823-0500 and align clinical criteria language of provider types with the WAC. MPC should remove lack of parental involvement with ABA treatment from discharge criteria but maintain parent/guardian coaching plan as an integral component of ABA treatment plan requirements.	11/07/2023	04/01/2024

