Clinical Review Criteria
Vitrectomy Chair or Support Face Down Positioning Device

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Criteria
For Medicare Members

<table>
<thead>
<tr>
<th>Source</th>
<th>Policy</th>
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<tbody>
<tr>
<td>CMS Coverage Manuals</td>
<td>None</td>
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<tr>
<td>National Coverage Determinations (NCD)</td>
<td>Durable Medical Equipment Reference List (280.1)</td>
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<tr>
<td>Local Coverage Determinations (LCD)</td>
<td>None</td>
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<tr>
<td>Local Coverage Article</td>
<td>None</td>
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For Non-Medicare Members

There is insufficient evidence in the published medical literature to show that this service/therapy is as safe as standard services/therapies and/or provides better long-term outcomes than current standard services/therapies.

Background

The macula is the small area of the retina that provides the sharp central vision that is needed for reading, driving, and seeing fine details. A macular hole is a small break in the macula, which can cause blurred and distorted central vision. Macular holes are related to aging; fifty percent of macular holes occur in patients 65-74 years old. Only three percent were found to occur in patient under the age of fifty-five. The majority of holes are idiopathic; however, they can occur from eye disorders, such as high myopia (nearsightedness), macular pucker, and retinal detachment; eye diseases, such as retinopathy and Best's disease; and trauma to the eye (Solebo 2010; American Academy of Ophthalmology 2008).

The pathogenesis of idiopathic macular holes is not fully understood; however, recent histopathological and high resolution imaging studies have increased current understanding of the natural history of this condition. One theory of macular hole formation suggests that as we age, the vitreous, a gel-like substance that fills about 80 percent of the eye, shrinks and pulls away from the retinal surface creating tractional forces on the retinal and leading to macular holes (Solebo 2010). If left untreated, approximately three percent to eleven percent of macular holes close spontaneously (American Academy of Ophthalmology 2008). The treatment for macular hole is vitrectomy, which involves the surgical removal of the vitreous gel from the middle of the eye and is throught to relieve vitreofoveal traction and reactivate reparative healing mechanisms (Gupta 2009). Some surgeons instruct their patients to postoperatively maintain a face-down position from one day to three weeks to tamponade the macular hole. However, a recent study demonstrated that approximately 77% percent of macular holes close as soon as twenty-four hours after surgery (Solebo 2010). Research is lacking regarding the appropriate duration of postoperative face-down posturing and as to whether face-down positioning is needed at all.

Medical Technology Assessment Committee (MTAC)
Vitrectomy Chair
04/19/2010: MTAC REVIEW
Evidence Conclusion: There is limited evidence regarding the effect of duration of face-down posturing on macular hole closure. The best available evidence was provided by the Tatham and Banerjee (2009) meta-analysis of five studies. This meta-analysis attempted to determine whether decreasing or eliminating face-down position time would affect surgical outcomes. Posturing for 5 to 10 days was compared to posturing for 24 hours or less. The results from the analysis suggest that there is a 34% increased risk of anatomical failure (macular hole non-closure) when face-down posturing is reduced from 5 to 10 days to less than 24 hours. However, this difference was not statistically significant. Within the studies that comprise the meta-analysis there is diversity of study design, surgical technique used, follow-up periods, and patient characteristics. This diversity reduced the validity of the meta-analysis. Additionally, non-randomized studies were included in the analysis making it more prone to bias. Conclusion: There is insufficient evidence to determine whether the duration of face-down posturing after macular hole surgery affects macular hole closure rates. There is insufficient evidence to determine whether a vitrectomy chair will improve outcomes after surgery.

Articles: The literature search yielded over 100 articles. The majority of the articles were unrelated to the current review. There was only one meta-analysis regarding face-down posturing. This article was selected for critical appraisal. The search did not reveal any evidence pertaining to the use of a vitrectomy chair after surgery.


The use of a Vitrectomy Chair for the treatment of post-operative recovery from macular surgery does not meet the Kaiser Permanente Medical Technology Assessment Criteria.