

## FETAL NON-STRESS TEST

### Scope

This policy applies to:

- |   |   |                                   |
|---|---|-----------------------------------|
| <input checked="" type="checkbox"/> Kaiser Permanente Health Plan of Washington | <input checked="" type="checkbox"/> Kaiser Permanente Health Plan of Washington Options, Inc. | <input type="checkbox"/> Medicaid |
| <input checked="" type="checkbox"/> Commercial                                  | <input type="checkbox"/> Medicare   |                                   |

### Policy

**Original Effective Date: 10/01/2015**

Kaiser Permanente will not separately reimburse routine fetal non-stress tests. Fetal non-stress tests will be considered part of the global obstetrical package and part of antepartum care only. When benefits allow, Kaiser Permanente will separately reimburse fetal non-stress tests for high-risk pregnancies.

Kaiser Permanente considers global maternity services to include antepartum care, delivery, postpartum care, and routine fetal non-stress tests.

### Billing/Coding Guidelines

All claims must be billed according to Centers for Medicare & Medicaid Services (CMS) guidelines.

Routine fetal non-stress tests, CPT code 59025 will be considered included to global obstetrical packages (CPT codes 59400, 59510, 59610, 59618) and to antepartum care only (CPT codes 59425 and 59426).

### Policy Definitions

Not applicable

### Prerequisite(s)

Not applicable

### References

Not applicable

## Frequently Asked Questions

- Q1:** A member has an appointment with her OBGYN for a routine fetal non-stress test and office visit. The provider codes for CPT codes 59025 and 59425. Will both of the services be separately reimbursable?
- A1:** No. Kaiser Permanente does not separately reimburse for a routine fetal non-stress test, it is considered included to the antepartum care.
- Q2:** A member has an appointment with her primary care physician. The provider codes for a routine fetal non-stress test, CPT 59025. Will the service be reimbursable?
- A2:** No. Kaiser Permanente will not separately reimburse routine fetal non-stress tests.
- Q3:** A member has an appointment with her OBGYN, she is considered to be having a high-risk pregnancy. The provider codes for a fetal non-stress test, CPT 59025. Will the service be reimbursable?
- A3:** Yes. Kaiser Permanente will separately reimburse fetal non-stress tests for high-risk pregnancies.
- Q4:** A member is directed to go to the outpatient hospital setting for a fetal non-stress test by her OBGYN. She is not having a high-risk pregnancy. The hospital codes for a fetal non-stress test, CPT 59025. Will the service be reimbursable?
- A4:** No. Kaiser Permanente does not separately reimburse routine fetal non-stress tests as they are considered part of the global obstetrical package.

## Revision History

08/26/2022 – Updated to formatting

10/01/2015 – New policy

Note: This information is intended to serve only as a general reference resource regarding reimbursement policy for the services described and is not intended to address every aspect of a reimbursement situation. Accordingly, we may use reasonable discretion in interpreting and applying this policy to services being delivered in a particular case. Further, the policy does not cover all issues related to reimbursement for services rendered to our enrollees as legislative mandates, the provider contracts, the enrollee's benefit coverage documents, and the Provider Manual all may supplement or in some cases supersede this policy. This policy may be modified from time to time by publishing a new version of the policy on Kaiser Permanente provider website; however, the information presented in this policy is believed to be accurate and current as of the date of publication.