

March 2026

### Business Updates



#### **Provider online resource guide now available on our provider website**

If you are new to our network, or if you like reference guides that provide helpful links all in one place, please check out our new [Provider Online Resource Guide](#). This list describes the most frequently used pages on our website along with links to the information that we believe will answer most of your questions about interacting with us.



#### **Generic Suprep is now a co-preferred bowel prep kit for Kaiser Permanente**

Kaiser Permanente now has generic Suprep (sodium sulfate 17.5 g, potassium sulfate 3.13 g, and magnesium sulfate 1.6 g oral solution) bowel preparation kit on the preferred generic formulary tier for Commercially insured patients and on the generic formulary (Tier 2) for Medicare patients. Applicable Commercial plans may have ACA preventative coverage in full for generic Suprep and Gavilyte products.

Other preferred options include Gavilyte-C and OTC Miralax preparations. Bowel prep selection should be based on patient and provider preferences and clinical appropriateness. The addition of generic Suprep provides a convenient, low volume option for patients who are at low risk for electrolyte and/or fluid shifts.



#### **AdaptHealth is Kaiser Permanente's new preferred DME vendor**

As of March 1, 2026, AdaptHealth is Kaiser Permanente's preferred vendor for Durable Medical Equipment (DME). The change to AdaptHealth allows patients to place re-supply orders via email, text message, mobile application, or through an online portal. This self-service ordering system also provides our patients with order history, real-time alerts, confirmation of delivery, and the opportunity to connect with a patient support representative 24 hours a day.

Kaiser Permanente members currently using DME from Apria have been transitioned to AdaptHealth. Members were not required to replace equipment originally rented through Apria. However, if equipment needs to be replaced, AdaptHealth will coordinate the replacement with the member. Wherever possible, AdaptHealth will provide the same brands, models and supplies that were being provided by Apria.

# Provider E-News

## Provider Services Department



March 2026

Patients using at-home negative pressure wound therapy equipment have been transitioned from Apria to Solventum(KCI), Apria's equipment supplier. These patients will be directly served by Solventum.

Kaiser Permanente will continue using Epic for all DME referrals. Affiliate Link provides transparent referral tracking, document uploads, and secure communication via the 'Add Note' feature. There will be simplified escalation and visibility to reduce manual follow-up time and improve discharge flow.

If you have any questions, please contact our Provider Assistance Unit at 1-888-767-4670.

### Kaiser Permanente Washington Health Research Institute (KPWHRI) News



#### [Autopsy study links BP drugs to possible brain benefits](#)

Having high blood pressure significantly increases the risk of dementia later in life — but taking blood pressure medicines (antihypertensives) can help lower this risk. Now, a new study published in [JAMA Network Open](#) adds to the evidence that certain antihypertensives may be more beneficial for brain health than others.

### Provider Notices



Notices can be viewed on our [Provider Notices](#) page on the [Kaiser Permanente provider site](#). Please check our provider site on a regular basis for provider manual changes and updates.

We communicate changes to the [Provider Manual](#) in the [Provider eNews](#) for your convenience. However, it is your responsibility to remain updated on any changes by visiting our site regularly for updates on our policies and procedures.

- [CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR BIOMARKER TESTING FOR MULTIPLE SCLEROSIS](#)
- [CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR LIPECTOMY FOR LIPEDEMA](#)
- [CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR CARDIOVASCULAR RISK PANEL](#)
- [CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR QUANTITATIVE BRAIN MAPPING \(QUANTITATIVE ELECTROENCEPHALOGRAM \(QEEG\)\)](#)
- [CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR LOW DOSE RADIOTHERAPY](#)
- [CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR MAGNETIC RESONANCE GUIDED FOCUSED ULTRASOUND \(MRgFUS\) OF THE BRAIN](#)

# Provider E-News

## Provider Services Department



March 2026

- [CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR AMBULATORY SURGERY CENTER SITE OF CARE](#)
- [CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR SINUS SURGERIES](#)
- [CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR GENDER AFFIRMING SERVICES](#)
- [CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR TREATMENTS FOR BPH](#)
- [CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR NON-SURGICAL PROCEDURES FOR KNEE PAIN](#)

### EFT Deposit & Check Mailing Dates



#### 2026 EFT Deposit & Check Mail Dates

Provider reimbursement checks are scheduled to be deposited ACH or mailed on the following dates. Mailed checks should arrive within approximately 3 business days.

January 2, 7, 8, 15, 23, 29

July 2, 8, 9, 16, 23, 30

February 5, 12, 20, 26

August 6, 13, 20, 27

March 5, 12, 19, 26

September 8, 11, 17, 24

April 2, 7, 9, 16, 23, 30

October 1, 7, 8, 15, 22, 29

May 7, 14, 21, 29

November 5, 13, 19, 27

June 4, 11, 18, 25

December 7, 10, 17, 24, 31

#### Holidays

##### New Year's Day

Monday, January 1

##### Martin Luther King Jr. Day

Monday, January 19

##### Presidents' Day

Monday, February 16

##### Memorial Day

Monday, May 25

##### Independence Day

Friday, July 3 (observed)

##### Labor Day

Monday, September 7

##### Thanksgiving

Thursday, November 26

##### Christmas

Friday, December 25

### Provider Resources



Submit a [Provider Update Form](#) to inform us of changes to your practice.



View our [Provider Directory](#).

# Provider E-News

## Provider Services Department



March 2026



Learn more about our [Specialty Services](#).



Read our latest [Formulary Decision Highlights](#).



View our 7 formularies on our [Formulary](#) page or [ePocrates](#).



Register for one of our many [Continuing Medical Education](#) offerings.