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Kaiser Foundation Health Plan of Washington Kaiser Foundation Health Plan of Washington Options, Inc. CONTRACT MANAGER NAME Provider Communications, RCB-C2W-02 PO Box 34262, Seattle WA 98124-1262

June 29, 2020

CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR MICRONUTRIENT PANEL TESTING

Dear Provider,

Effective September 1, 2020, Kaiser Foundation Health Plan of Washington and Kaiser Foundation Health Plan of Washington Options, Inc., (Kaiser Permanente) will implement medical necessity criteria for Micronutrient Panel Testing.

<u>Criteria</u>

There is insufficient evidence in the published medical literature to show that micronutrient testing provides better long-term outcomes than current standard services/therapies. Micronutrient testing, also known as functional intracellular analysis, essential metabolic analysis, intracellular micronutrient analysis, or leukocyte nutrient analysis, is a blood test consisting of multiple micronutrient levels intended to assess nutritional deficiencies and offer supplementation suggestions. Micronutrient tests are considered not medically necessary.

Clinical review criteria can be found on the Kaiser Permanente provider website at <u>https://wa-provider.kaiserpermanente.org/static/pdf/hosting/clinical/criteria/pdf/micronutrient_panel_test.pdf</u>.

Please refer to the provisions of your agreement with Kaiser Permanente, including obtaining the member's prior written agreement to be financially responsible for the specific non-covered service, to determine when providers may bill a member for non-covered services.

These criteria, along with a complete list of Kaiser Permanente Clinical Review Criteria, can be found on the Kaiser Permanente provider website at <u>https://wa-provider.kaiserpermanente.org</u> under the header "Authorization & Clinical Review."

If you have any questions about these changes, please contact the Provider Assistance Unit at 509-241-7206 or toll-free at 1-888-767-4670, Monday – Friday from 8 a.m. to 5 p.m.

Sincerely,

Marc Mora, MD Senior Medical Director Networks and Care Management Washington Permanente Medical Group