

Kaiser Foundation Health Plan of Washington  
 Kaiser Foundation Health Plan of Washington Options, Inc.  
 CONTRACT MANAGER NAME  
 Provider Communications, RCB-C2W-02  
 PO Box 34262, Seattle WA 98124-1262

**OMALIZUMAB (XOLAIR) UPDATES TO COVERAGE UNDER THE MEDICAL BENEFIT**

Dear Provider,

**Effective March 1, 2022**, omalizumab (Xolair) subcutaneous vials and syringes will **NOT** be covered under the medical benefit after the initial 3 doses. Omalizumab (Xolair) is on the **non-Medicare** list of office-administered drugs requiring prior authorization. **This letter is a notification of the upcoming change in coverage for this medication under the medical benefit.** Pharmacy benefit coverage remains available for members who meet prior authorization criteria, but Xolair will no longer be covered under the medical benefit.

Select specialty medications under the pharmacy benefit are restricted to Kaiser Permanente Washington Specialty Pharmacy (KPWASP) for non-Medicare members. Omalizumab (Xolair) will be restricted to KPWASP effective March 1, 2022. Send prescriptions via fax to 1-800-340-4230 or call at 1-800-483-3945.

Kaiser Foundation Health Plan of Washington and Kaiser Foundation Health Plan of Washington, Options, Inc. (Kaiser Permanente) requires prior authorization for a select group of injectable drugs that may be administered under the medical benefit in a physician’s office or by home infusion. These reviews are intended to ensure consistent benefit adjudication as well as appropriate utilization in accordance with the Kaiser Permanente Pharmacy & Therapeutics Committee’s evidence-based criteria for coverage.

**Prior Authorization Criteria for Omalizumab (Xolair) [changes are in bold]:**

DRUG NAME	COVERAGE CRITERIA
OMALIZUMAB	<p> <b>Not covered under the medical benefit (hospital, clinic, or home infusion) <u>after initial 3 doses</u>. May be covered under the pharmacy benefit.</b> </p> <ul style="list-style-type: none"> <li> <b>• Exception criteria may be considered for the following:</b> <ul style="list-style-type: none"> <li>○ <b>Patients with impaired manual dexterity, impaired vision, or patients who are unable to use prefilled syringe safely AND</b></li> <li>○ <b>Patient meets clinical criteria below</b></li> </ul> </li> </ul> <p>           For patients with moderate-to-severe persistent allergic asthma who meet the following criteria:           <ul style="list-style-type: none"> <li>• Prescribing physician is an Allergist or Pulmonologist</li> <li>• Patient age 6 years or older</li> <li>• Documented moderate-to-severe persistent asthma (see Table 1)</li> <li>• Documented atopic asthma by the following methods               <ul style="list-style-type: none"> <li>○ Specific IgE by skin PRICK test OR CAP “RAST” AND</li> <li>○ Determination of atopic status by an Allergist</li> </ul> </li> <li>• Documented baseline total IgE serum level between 30 and 700 international units/mL for patients ≥ 12 years OR between 30 and 1300 international units/mL for children 6 to 11 years AND total serum IgE and weight are within dosage range.</li> </ul> </p>

DRUG NAME	COVERAGE CRITERIA		
	<ul style="list-style-type: none"> <li>• Reversible airway obstruction as documented by the following               <ul style="list-style-type: none"> <li>○ Response to inhaled short-acting beta agonists (e.g., FEV<sub>1</sub> reversibility of &gt;12% with at least a 200 mL increase in FEV<sub>1</sub>) within 30 minutes after administration of albuterol (90-180 mcg) OR</li> <li>○ Positive exercise or methacholine challenge OR</li> <li>○ Positive response (at least a 15% increase in FEV<sub>1</sub> with at least a 200 mL increase in FEV<sub>1</sub>) after a course of treatment with inhaled or systemic corticosteroids</li> </ul> </li> <li>• Patient has uncontrolled asthma (see Table 1) despite all the following:               <ul style="list-style-type: none"> <li>○ Trigger avoidance measures</li> <li>○ Comorbidities that can cause asthma exacerbations (e.g., gastroesophageal reflux disease [GERD], allergic rhinitis) and non-asthma diagnoses (e.g., laryngeal dysfunction, panic disorder) have been evaluated and treated.</li> <li>○ Aggressive drug therapy regimen for at least 6 months (see Table 2).</li> </ul> </li> </ul> <p>Exclusion criteria: If ONE or more of the following criteria is met, patient is NOT eligible:</p> <ul style="list-style-type: none"> <li>• Current smoker who is not currently enrolled in a smoking cessation program (e.g., Quit for Life)</li> <li>• Nonadherence to pre-requisite asthma drug therapies.               <ul style="list-style-type: none"> <li>○ Nonadherence is defined as less than 75% of proportion of days covered (calculated by day supply dispensed over the total number of days since treatment was initiated).</li> </ul> </li> <li>• Concomitant use with mepolizumab, benralizumab, reslizumab, or dupilumab</li> </ul> <p>Evaluation for Continuation of Therapy:</p> <ul style="list-style-type: none"> <li>• Evaluate response after 6 months and then annually thereafter.</li> <li>• Clinical improvement must be demonstrated by at least one of the following:               <ul style="list-style-type: none"> <li>○ Decreased use of rescue medications</li> <li>○ Decreased frequency of exacerbations (defined as worsening of asthma that requires increase in ICS dose or treatment with systemic corticosteroids)</li> <li>○ Improvement in lung function (e.g., FEV<sub>1</sub>) from pretreatment baseline</li> <li>○ Objective improvement in quality of life: minimally important difference of 3 points on the Asthma Control Test</li> <li>○ Improvement in asthma symptoms (such as asthmatic symptoms upon waking, coughing, fatigue, shortness of breath, sleep disturbance, wheezing, or reduced missed days from work or school).</li> <li>○ Decreased corticosteroid requirement if on OCS.</li> </ul> </li> </ul> <p>Table 1. Evidence for severe refractory asthma and indicators of uncontrolled asthma</p> <table border="1" data-bbox="456 1772 1390 1900"> <thead> <tr> <th data-bbox="456 1772 1390 1808">Evidence for severe refractory asthma</th> </tr> </thead> <tbody> <tr> <td data-bbox="456 1808 1390 1900"> <ul style="list-style-type: none"> <li>• Asthma meets criteria for moderate-to-severe asthma as defined by the NHLBI's EPR-3 and the patient has uncontrolled asthma which should be noted both subjectively and with objective evidence of</li> </ul> </td> </tr> </tbody> </table>	Evidence for severe refractory asthma	<ul style="list-style-type: none"> <li>• Asthma meets criteria for moderate-to-severe asthma as defined by the NHLBI's EPR-3 and the patient has uncontrolled asthma which should be noted both subjectively and with objective evidence of</li> </ul>
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DRUG NAME	COVERAGE CRITERIA
	<p>asthma, despite the following:</p> <ul style="list-style-type: none"> <li>○ Ruling out comorbid factors (e.g., allergy, sinusitis, GERD, anxiety disorder, panic disorder, vocal cord dysfunction) to determine if these measures can decrease the need to initiate biologic therapy.</li> <li>○ Address and manage all triggers from the home (e.g., animal dander if allergic, dust mites, foods, pollen, smoke exposure).</li> <li>○ Aggressive trials of therapy (refer to Table 2)</li> </ul> <p>Indicators of uncontrolled asthma</p> <ul style="list-style-type: none"> <li>• Any one of the following criteria qualifies the patient as having uncontrolled asthma: <ul style="list-style-type: none"> <li>○ Two or more asthma exacerbations requiring systemic corticosteroids (≥3 days each) in the past 12 months</li> <li>○ Serious exacerbations: at least one hospitalization, intensive care unit (ICU) stay or mechanical ventilation in the previous year</li> <li>○ Asthma Control Test (ACT) is consistently &lt;20</li> </ul> </li> </ul> <p>Table 2. Aggressive drug therapy regimens for asthma</p> <p><i>Patients 12 years and older</i></p> <p><b>A.</b> Triple drug therapy with high-dose ICS plus LABA combination* plus tiotropium (Spiriva Respimat) (unless contraindications or intolerance) and on oral corticosteroid (OCS) for most days during the previous 6 months (e.g., ≥50% of days) OR</p> <p><b>B.</b> Triple drug therapy with high-dose ICS plus LABA combination* plus tiotropium (Spiriva Respimat) (unless contraindications or intolerance) who are not on daily OCS, but who otherwise meet other inclusion criteria and have had frequent severe exacerbations (≥2) in the past 12 months requiring systemic corticosteroids for ≥3 days and/or a history of a serious exacerbation requiring at least one hospitalization, ICU stay, or mechanical ventilation in the previous year. OR</p> <p><b>C.</b> Corticosteroid adverse effects: If a patient has been poorly controlled over at least one year and is experiencing corticosteroid adverse effects while on aggressive drug therapy (A or B) then treatment with a biologic drug may be considered.</p> <p><i>*High-dose ICS plus LABA combinations include fluticasone/salmeterol 500/50 mcg, 1 inh twice daily or fluticasone salmeterol 230/21 mcg, 2 puffs twice daily.</i></p> <p><i>Children 6 to 11 years of age</i></p> <p><b>A.</b> High-dose ICS** plus LABA combination plus montelukast OR</p> <p><b>B.</b> Children on high dose** ICS plus LABA combination who have had a prior trial of a leukotriene modifier may also be considered</p> <p><i>*High-dose ICS includes ciclesonide 160 mcg, 1 puff twice daily</i></p> <p>For patients with chronic idiopathic urticaria who are:</p>

DRUG NAME	COVERAGE CRITERIA
	<ul style="list-style-type: none"> <li>• 12 years of age or older, and</li> <li>• with urticaria (hives) on most days of the week for <math>\geq 6</math> weeks, and</li> <li>• in which no external allergic cause or contributing disease can be identified, and</li> <li>• when prescribed by or in consultation with an allergist, and</li> <li>• Have failed, are intolerant to, or have a contraindication to an adequate duration of all of the following:               <ul style="list-style-type: none"> <li>○ Histamine-1 receptor antagonist at four times the FDA-approved dose, and</li> <li>○ Leukotriene receptor antagonist (4 weeks minimum)</li> </ul> </li> <li>• Limited to 1 injection (150 mg or 300 mg) every 4 weeks. Initial authorization period: 6 months. Afterwards, annual re-authorization is required.</li> <li>• Reauthorization requires documentation of continued patient benefit on therapy.</li> </ul> <p><u>Note:</u> Must be administered in a non-hospital setting. See <a href="#">site of care policy</a> for criteria, reauthorization, and exceptions for new starts. (<a href="https://wa-provider.kaiserpermanente.org/static/pdf/provider/clinical-review/infusion-site-care-policy.pdf">https://wa-provider.kaiserpermanente.org/static/pdf/provider/clinical-review/infusion-site-care-policy.pdf</a>)</p>


**Additional Information**

A complete list of office-administered injectable drugs requiring prior authorization can be found on the Kaiser Permanente provider website at <https://wa-provider.kaiserpermanente.org/provider-manual/clinical-review/officeinject>. Using the website search feature, search for the term “Non-Medicare Injectable Drugs Requiring Prior Authorization.”

To request prior authorization review, please use the Referral Request online form located on the Kaiser Permanente provider website listed above. You can also fax your request to the Review Services department toll-free at 1-888-282-2685.

Thank you for the care you provide to our members, your patients. If you have any questions about this process, please call Review Services at 1-800-289-1363, Monday through Friday from 8 a.m. to 5 p.m.

Sincerely,



Peter Barkett, MD, Chair  
Pharmacy & Therapeutics Committee