

## CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR LUMBAR AND CERVICAL MRI

This notification applies to the following networks: *Commercial HMO, POS, PPO. A listing of all networks* can be found on the provider website at <a href="https://wa-provider.kaiserpermanente.org/communications/letters">https://wa-provider.kaiserpermanente.org/communications/letters</a>

**Effective January 1, 2024,** Kaiser Foundation Health Plan of Washington and Kaiser Foundation Health Plan of Washington Options, Inc. (Kaiser Permanente) is updating the lumbar and cervical spine MRI medical necessity review criteria.

## **Explanation of the change:**

Clinical review criteria for lumbar and cervical MRIs have been revised to provide an allowance of imaging prior to a procedure.

Clinical review criteria can be found on the Kaiser Permanente provider website at:

https://wa-provider.kaiserpermanente.org/static/pdf/hosting/clinical/criteria/pdf/mri\_lumbar%20spine.pdf https://wa-provider.kaiserpermanente.org/static/pdf/hosting/clinical/criteria/pdf/mri\_cspine.pdf

What will I need to do differently for my patients with the following Kaiser Permanente health plans?

- KFHPWA Health Maintenance Organization (HMO) members: Prior authorization is required.
- KFHPWAO Point of Service (POS) members: Prior authorization is required for in-network coverage.
- KFHPWAO Preferred Provider Organization (PPO) members: Prior authorization is required.

Questions: Contact Provider Assistance Unit at 1-888-767-4670, Monday through Friday, 8 a.m. to 5 p.m.

Kaiser Foundation Health Plan of Washington Kaiser Foundation Health Plan of Washington Options, Inc.

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