

## **CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR TREATMENTS FOR BPH**

Applies to: Commercial - HMO  POS  PPO  Medicare Advantage

Network list: <https://wa-provider.kaiserpermanente.org/communications/letters>

**Effective April 1, 2026**, Kaiser Foundation Health Plan of Washington and Kaiser Foundation Health Plan of Washington Options, Inc. (Kaiser Permanente) are updating the Treatments for Benign Prostatic Hyperplasia (BPH) medical necessity criteria.

### **Explanation of the change:**

Kaiser Permanente is updating the BPH treatment criteria to allow coverage of Transurethral Waterjet Ablation for non-Medicare members when medically necessary. Additionally, medical necessity review for the Rezūm procedure will no longer be required.

To review the BPH Treatments clinical review criteria, please visit the Kaiser Permanente provider website at:

[https://wa-provider.kaiserpermanente.org/static/pdf/hosting/clinical/criteria/pdf/bph\\_treatments.pdf](https://wa-provider.kaiserpermanente.org/static/pdf/hosting/clinical/criteria/pdf/bph_treatments.pdf)

### **Is prior authorization required?**

- KFHPWA Health Maintenance Organization (HMO) members: Prior authorization is required.
- KFHPWAO Point of Service (POS) members: Prior authorization is required for in-network coverage.
- KFHPWAO Preferred Provider Organization (PPO) members: Prior authorization is required.
- Medicare Advantage: Prior authorization is required.

Questions: Contact Provider Assistance Unit at 1-888-767-4670, Monday through Friday, 8 a.m. to 5 p.m.

**Kaiser Foundation Health Plan of Washington**

**Kaiser Foundation Health Plan of Washington Options, Inc.**

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