

CHANGES TO MEDICAL NECESSITY REVIEW CRITERIA FOR EXTERNAL LOOP RECORDERS

Applies to: Commercial - HMO ☒ POS ☒ PPO ☒ Medicare Advantage ☐

Network list: <https://wa-provider.kaiserpermanente.org/communications/letters>

Effective November 1, 2026, Kaiser Foundation Health Plan of Washington and Kaiser Foundation Health Plan of Washington Options, Inc. (Kaiser Permanente) are updating the medical necessity criteria for External Loop Recorders.

Explanation of the change:

Kaiser Permanente is updating its review requirements and medical necessity criteria for External Loop Recorders for non-Medicare members to align with Medicare coverage guidelines. This change standardizes coverage decisions across commercial and Medicare lines of business, reducing administrative burden and improving consistency.

To review the Cardiac Ambulatory Monitoring for Extended Duration clinical review criteria, please visit the Kaiser Permanente provider website at:

<https://wa-provider.kaiserpermanente.org/static/pdf/hosting/clinical/criteria/pdf/ambulatory-cardiac-monitoring.pdf>

Is prior authorization required?

- KFHPWA Health Maintenance Organization (HMO) members: Prior authorization is required.
- KFHPWAO Point of Service (POS) members: Prior authorization is required for in-network coverage.
- KFHPWAO Preferred Provider Organization (PPO) members: Prior authorization is required.

Questions: Contact Provider Assistance Unit at 1-888-767-4670, Monday through Friday, 8 a.m. to 5 p.m.

Kaiser Foundation Health Plan of Washington
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