

Over-the-counter Medicines
(check all that you use regularly)

- ☐ Allergy Relief Medicine
- ☐ Antacids
- ☐ Aspirin/Other Pain,
Headache or Fever Medicine
- ☐ Cold Medicine
- ☐ Cough Medicine
- ☐ Diet Pills
- ☐ Laxatives
- ☐ Sleeping Pills

☐ Herbal Supplements

☐ Vitamins

☐ Others (list below)

Record your

Allergies:

Medical conditions:

Pharmacy Refills

- ▶ Order online at kp.org/wa.
- ▶ Or call 1-800-245-7979.

Medication R

Name

Consumer ID #

Doctor

Doctor phone

Pharmacy phone

Prescription medicines — List your prescription medicines below:

[illegible]