

Rules for Riding Safely:

- Seat belts, air bags, child car seats and booster seats protect you, but only if you use them correctly.
- Everyone always buckles up—even on short trips.
- Whenever possible, kids under 13 years of age should always ride in the back seat.
- Two people should never use one seat belt.
- Never put the shoulder part of a seat belt behind the back or under the arm. Doing so can cause serious injury.
- Infants should ride rear-facing until 2 years of age.
- Children who have outgrown a rear-facing car seat should ride in a forward-facing car seat until they reach the height or weight limits of the seat.
- A booster seat (to properly position the lap and shoulder belt on the child's body) must be used until the child is about 4 feet 9 inches tall. **Never use a booster seat with only a lap belt.**
- A child's car seat must always be replaced if it has been involved in a car crash.



Report an unbuckled child. When you see an unbuckled child riding in a vehicle with a Washington State license plate fill out the form at www.800buckleup.org or call 1-800-282-5587 and press 2#. Provide date, time, location, vehicle description and license plate number along with a brief description of what you saw. When you report unbuckled children to the **Better Safe Than Sorry** Reporting Line, the registered owner of the vehicle will receive a reminder letter from the Washington State Patrol along with educational information. No ticket is ever issued through this program.

Share your buckle up story:

Did a seat belt, booster seat, child car seat or air bag save you from death or injury or reduce your injuries in a crash? Share your personal car crash story and receive a free license plate frame and buckle up heart pin. Take a moment to **join Washington's free Saved By The Belt Club**. Not sure yet? Read member stories on our website at www.800BUCKLUP.org or call our office 800-282-5587 for an application.



For More Information:

To learn more about choosing and correctly using a child car seat or booster:

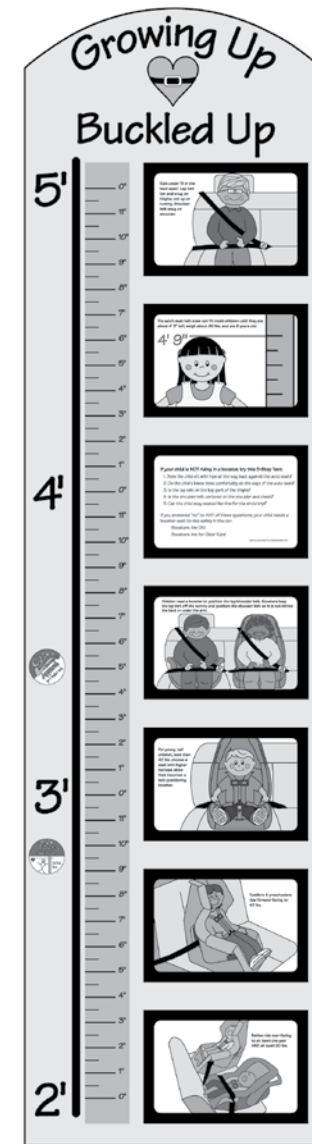
- visit our website at www.800BUCKLUP.org to print out educational materials
- or call the Safety Restraint Coalition in Kirkland, WA at 425-828-8975 or
- 800-BUCK-L-UP (800-282-5587) inside Washington State.

The Coalition can provide information about:

- Washington's child car seat and seat belt laws
- who can help you install your child's car seat
- how to know if your child is big enough to safely use the adult seat belt
- current child car seat and booster seats models and their features
- why children should ride in the back seat
- how to give your child the best protection in a car with lap only seat belts
- air bags
- how to use the seat belt or LATCH system to secure your child's car seat
- child car seat recalls, defects and safety notices
- or other questions about keeping everyone safe in the car



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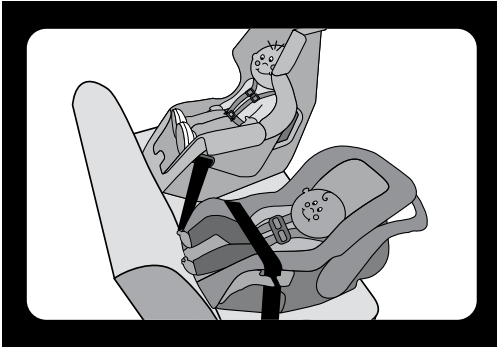


Growing Up Buckled Up

Name: _____

Age: _____ Ht: _____ Wt: _____

Child Car Seats

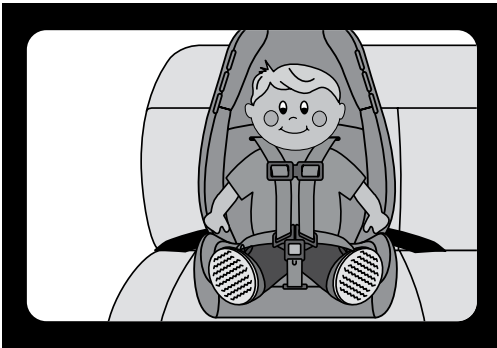


Babies are five times safer riding rear-facing up to 2 years of age. Read and follow the vehicle and car seat instructions.



Older children ride forward-facing until:

- they reach the seat's upper weight/height limit OR
- their shoulders are above the top harness slots OR
- their ears are above the back of the seat shell

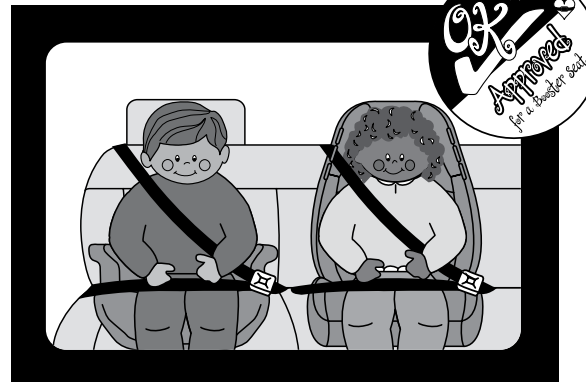


For young, tall, or heavy children, choose a seat that can be used with the harness to 40, 65, or even 80 pounds. Read and follow the vehicle and car seat instructions.

REMEMBER: the safest place for all children under 13 years of age to ride, is in the back seat.

Watch as David the Buckle Up Helper teaches children about buckling up with Deputy John and Eggie the Unbuckled Egg. Kids learn why booster seats keep them safe in the car in this fun 6-minute video. Click on the "video tab" to watch *Always Buckle Up* at www.800BUCKLUP.org

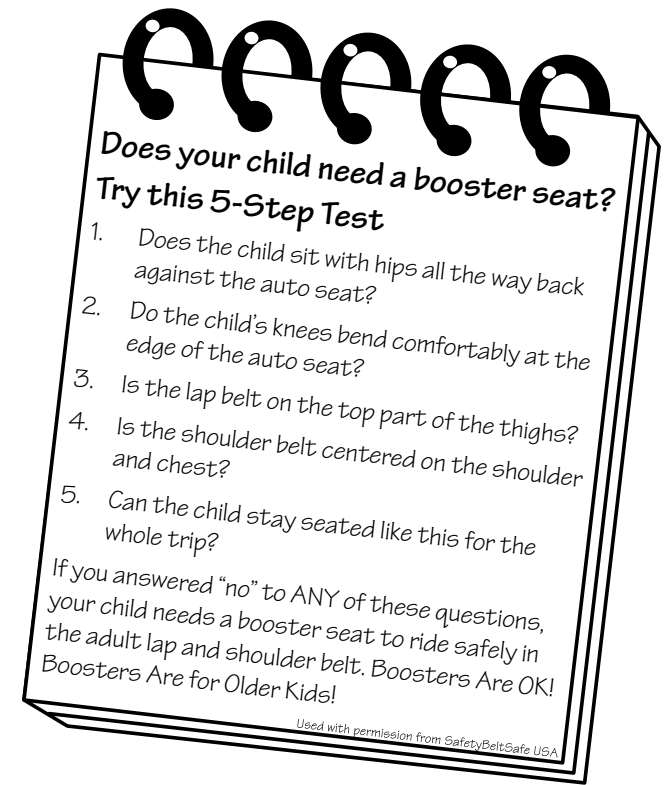
Booster Seats



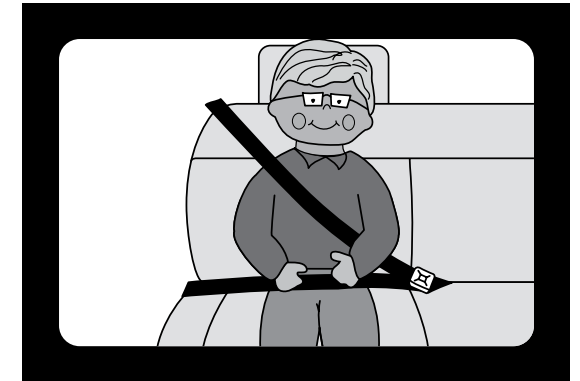
Children should use a booster seat until they are about 4 feet 9 inches tall. Adult seat belts do not fit children correctly. Children need a booster seat:

- to raise the child up and into the adult seat belt
- to let the child's knees bend comfortably so the child does not slouch
- to prevent the lap part of the belt from riding up on the tummy where it causes serious injury in a crash and
- to position the shoulder belt across the center of the chest and shoulder so the child does not place it behind the back or under the arm

Read and follow the vehicle and booster seat instructions.



Seat Belts



The adult seat belt can be used for children after they are about 4 feet 9 inches tall. All children under 13 years old should ride in the back seat whenever possible! Seat belt tips:

- one person per seat belt; never share a seat belt
- sit up straight and tall; don't slouch
- lap belt low and snug across the thighs; not up on tummy
- shoulder belt snug on shoulder; never behind the back