

AeroChamber Plus® Z STAT™ with FLOWSIGNAL®

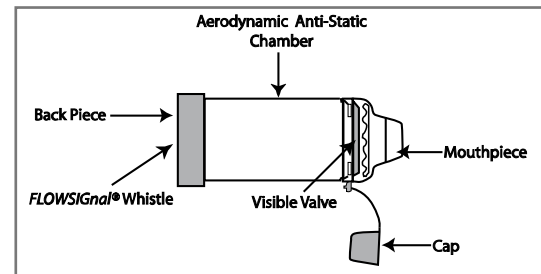
How to use the valved holding chamber

Before using the Valved Holding Chamber (VHC)

Check your VHC to make sure it isn't damaged and isn't missing any parts.

If the VHC is damaged or is missing any of its parts:

- Don't use it.
- Replace it as soon as possible.
- Use the metered-dose inhaler (MDI) by itself until you can replace your VHC.

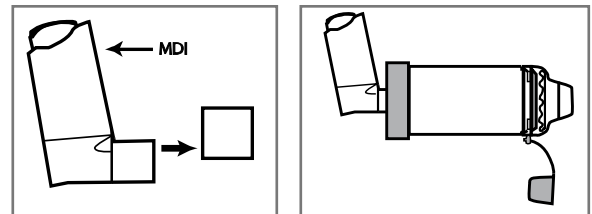


To use the VHC with your metered-dose inhaler (MDI)

Carefully read the directions about how to use your metered-dose inhaler (MDI).

Before you take your dose

- Always shake the MDI before you use it.
- Place the MDI into the back of the VHC.
- Remove all caps and covers.



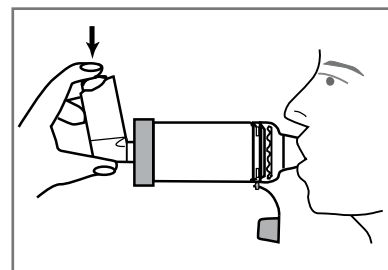
Inhale your dose

1. Breathe out as fully as you comfortably can through your mouth. Push out as much air from your lungs as possible.
2. Put the mouthpiece of the VHC into your mouth.
3. Press down on your MDI as you begin to breathe in slowly and deeply.
4. Hold your breath and count to 10.

Note: If you have problems taking slow deep breaths, keep your mouth tight on the mouthpiece and breathe slowly 2 or 3 times after pressing down on your MDI.

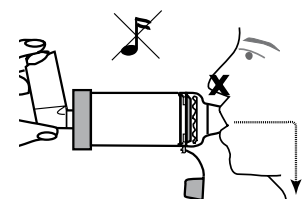
5. Breathe out completely.

Follow the directions for your MDI on how much time you should wait before repeating steps 1 – 4.



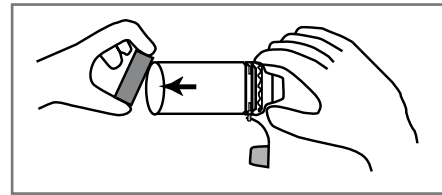
Important:

If you hear the FLOWSIGNAL® Whistle, slow down your breathing.



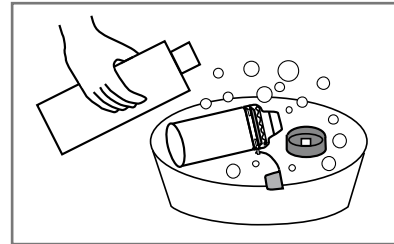
Clean your VHC once a week

- Take off the back piece only.
- Don't remove the mask.
- Don't handle the valve while you're cleaning the VHC.

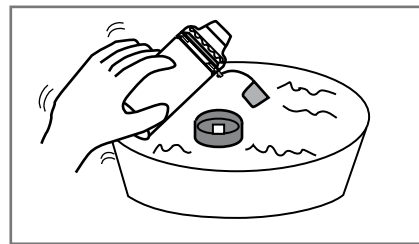


To clean the VHC

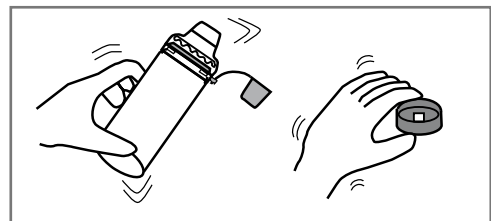
1. Add liquid detergent to lukewarm water.
2. Put both parts of the VHS into the soapy water.
3. Gently stir the water with your hand.
4. Let the VHC soak in the water for 15 minutes.



5. Carefully take the VHC out of the soapy water and rinse it in clean water.



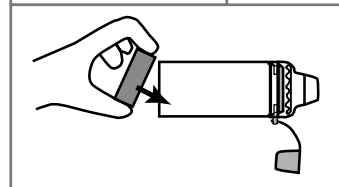
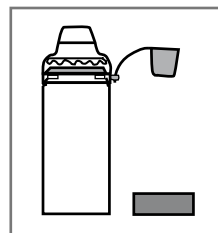
6. Shake the VHC to get rid of the water.
Don't rub the VHC dry.



After cleaning

Your VHC is ready to use when it's completely dry.

- Place the VHC upright to air dry.
Don't place it on its side.
- Put the back piece in place after the VHC is completely dry.



Keep away from children. This is NOT a toy.

If you have any questions about how to use your VHC, talk to your doctor or pharmacist.