Living Well with Diabetes
How to use your HumaPen® LUXURA™ HD

Follow these steps when you use a new insulin cartridge

Check the insulin cartridge carefully to make sure:
• It’s the right type of insulin
• It isn’t past the expiration date
• You don’t notice anything unusual about the way the insulin in the cartridge looks
• The glass cartridge isn’t cracked or broken

Insert the insulin cartridge into the Pen
• Pull the cap off of the Pen and unscrew the cartridge holder.
• Make sure to push the screw all the way back so that it’s in line with the Pen body.
• If the screw is not pushed all the way back, you can use the plunger side of the insulin cartridge to push the screw back.
• Put the small end of the insulin cartridge into the cartridge holder.
• Push the cartridge holder and Pen body straight together and screw the cartridge holder onto the Pen body.
• Make sure the cartridge holder is attached tightly. If it isn’t completely attached, you might not get your full dose.

Follow these steps every time you take your shot

Prepare the needle
• Use a new needle for every shot.
• Open a new needle by removing the paper tab.
• Screw the needle onto the Pen by turning it clockwise until it’s tight. Take the outside needle shield cap off and save it to use to take the needle off the Pen later.
• Remove the inside shield from the needle and throw it away.
**Prime your Pen**

Your Pen must be primed to make sure it gives a stream of insulin (not just a few drops) before you can take your shot. If you don’t prime, you might not get the right amount of insulin in your dose.

- **Step 1**: Turn the dose knob clockwise until the number 2 is in the dose window.
- **Step 2**: Hold the Pen with the needle pointing up and tap the cartridge to gently move air bubbles to the top.
- **Step 3**: Press the injection button on your Pen as far as it will go. Continue to press the button firmly while counting to 5. You should see a stream of insulin come out of the tip of the needle.

If a stream of insulin doesn’t come out of the tip of the needle, repeat steps 1 through 3. Your Pen is not primed if you only see a few drops of insulin.

**Note:** When you first start a new Pen, you might need to repeat these steps up to 6 times before you get a stream of insulin. If you don’t get a stream after 6 tries, change the needle and repeat the steps above. Do this 2 times with the new needle. If you still don’t get a stream, don’t use your Pen.

**Dial your dose**

- Turn the dose knob clockwise until you see your dose number in the dose window.
- If the number you dial is higher than your dose, turn the knob back until you see the right dose number in the window.

**Take your shot**

- **Step 1**: Use the injection technique you learned from your doctor or nurse.
- **Step 2**: When the needle is under your skin, use your thumb to press the push button all the way in. Push the button firmly and slowly until it stops moving.
- **Step 3**: Hold the button while the needle is under your skin and count to 5.
- **Step 4**: You’ve gotten your full dose when you see a 0 in the dose window.

**Important notes**

- Use a new needle for each injection. Don’t put the needle on your Pen until you are ready to use it.
- Don’t store your Pen with the needle attached.
- Use the outer needle shield to take the needle off the Pen right after you’re done taking your shot. Leaving a needle on your Pen can cause insulin to leak out and air to get into your Pen cartridge.
- Store your un-opened Pens in the refrigerator. Never freeze them.
- Don’t store your Pen in the refrigerator after you start to use it. Keep the Pen you’re using at room temperature and away from direct heat and light.

If you have any questions or concerns, contact the Lilly Answers Center at 1-800-545-5979 or talk to your doctor or pharmacist.