



Help care for your child online at kp.org

If you're a parent or legal guardian, you can request access to online services for your children if they get care at Kaiser Permanente medical facilities.

For all kids through age 17, you can email your child's health care team and refill prescriptions. You can also see your child's immunization record (except for the HPV vaccine if your child is 13 or older). If your child is 12 or under, you can also make appointments, check lab and test result, access medical records, and more.

Call Member Services at **1-888-901-4636** for details about parental access.

Additional wellness resources

24/7 Care Advice

Get quick advice for immediate medical concerns. Registered nurses are available 24/7. They can also direct you to the best location for care if you need to be seen in person. Call **1-800-297-6877**. Interpreters are available in any language.

Resource Line

Get free printed information on many health topics and learn about health resources at Kaiser Permanente and in your community.

Email kpwa.resource-L@kp.org or leave a message at **1-800-992-2279**.

Wellness recommendations

for children birth to 17



Visits, tests, immunizations, and resources

Wellness recommendations for children from birth to 17

The chart to the right shows Kaiser Permanente's routine care recommendations for most children from birth to 17.

Coverage for well care

Most well care recommended here is preventive care that is covered by most health plans. However, coverage may vary with some health plans; check your coverage agreement or call Member Services at **1-888-901-4636**.

Birth

- ☐ Newborn blood screen
- ☐ Hepatitis B (Hep B)

Age in days

- ☐ **3 to 5 days:** Wellness visit¹
- ☐ **7 to 14 days:** Wellness visit¹

Age in months

- | | | |
|---|--|--|
| <ul style="list-style-type: none"> <input type="checkbox"/> 2 months: Wellness visit¹ <input type="checkbox"/> DTaP (diphtheria, tetanus, acellular pertussis) <input type="checkbox"/> Hep B <input type="checkbox"/> Hib (Haemophilus influenzae type b) <input type="checkbox"/> PCV (pneumococcal disease) <input type="checkbox"/> Rotavirus (given by mouth) <input type="checkbox"/> IPV (polio) <input type="checkbox"/> 4 months: Wellness visit¹ <input type="checkbox"/> DTaP <input type="checkbox"/> Hib <input type="checkbox"/> PCV | <ul style="list-style-type: none"> <input type="checkbox"/> Rotavirus (given by mouth) <input type="checkbox"/> IPV <input type="checkbox"/> 6 months: Wellness visit¹ <input type="checkbox"/> DTaP <input type="checkbox"/> Hep B <input type="checkbox"/> PCV <input type="checkbox"/> Hib, if needed <input type="checkbox"/> Rotavirus (given by mouth) <input type="checkbox"/> IPV <input type="checkbox"/> 9 months: Wellness visit¹ <input type="checkbox"/> 12 months: Wellness visit¹ <input type="checkbox"/> MMR (measles, mumps, rubella); not before first birthday | <ul style="list-style-type: none"> <input type="checkbox"/> Hepatitis A (Hep A); not before first birthday <input type="checkbox"/> Varicella (chickenpox); not before first birthday <input type="checkbox"/> Hib <input type="checkbox"/> PCV <input type="checkbox"/> 15 months: Wellness visit¹ <input type="checkbox"/> DTaP <input type="checkbox"/> Any 12-month immunizations not already given <input type="checkbox"/> 18 months: Wellness visit¹ <input type="checkbox"/> Hep A <input type="checkbox"/> Any 12-month immunizations not already given |
|---|--|--|

Age in years

- | | | |
|--|--|--|
| <ul style="list-style-type: none"> <input type="checkbox"/> 2 years: Wellness visit¹ <input type="checkbox"/> Hep A <input type="checkbox"/> 3 years: Wellness visit¹ <input type="checkbox"/> 4 years: Wellness visit¹ <input type="checkbox"/> Vision screen <input type="checkbox"/> Hearing screen <input type="checkbox"/> DTaP <input type="checkbox"/> IPV <input type="checkbox"/> Varicella <input type="checkbox"/> MMR <input type="checkbox"/> 5 years: Wellness visit¹ | <ul style="list-style-type: none"> <input type="checkbox"/> 6, 8, and 10 years: Wellness visit¹ <input type="checkbox"/> 11 years: Wellness visit¹ <input type="checkbox"/> Tdap booster (tetanus, diphtheria, pertussis)² <input type="checkbox"/> MCV (meningococcal disease) <input type="checkbox"/> HPV (human papillomavirus) <i>can start 2 dose series at age 9 to complete sooner</i> | <ul style="list-style-type: none"> <input type="checkbox"/> 12 years: Wellness visit¹ <input type="checkbox"/> 13 years: Wellness visit¹ <input type="checkbox"/> Varicella blood test, if vaccine not given and no history of chickenpox <input type="checkbox"/> 14 and 15 years: Wellness visit¹ <input type="checkbox"/> 16 years: Wellness visit¹ <input type="checkbox"/> MCV booster <input type="checkbox"/> Optional: MenB vaccine³ <input type="checkbox"/> 17 years: Wellness visit¹ |
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¹ A wellness visit is also referred to as a checkup, physical, or routine exam.

² Once in a lifetime, everyone 11 years of age and older should get a tetanus-diphtheria (Td) booster that contains pertussis (Tdap).

³ For very uncommon disease; talk with your child's doctor for more information.