

COMPREHENSIVE ALS CARE

Amyotrophic lateral sclerosis (ALS), often referred to as Lou Gehrig's disease, is a rapidly progressive neuro-degenerative disease that affects the nerve cells responsible for controlling voluntary muscles. Symptoms of early detection of ALS may include muscle twitching (fasciculations), stiffness, slurred speech, and swallowing difficulties. The ALS clinic is a model which offers a comprehensive care team who work together to diagnosis and treat patients with ALS. We provide the highest level of care of our multispecialty support from the time of diagnosis to the end stages of the disease.

Our multidisciplinary ALS team of providers includes a Neurologist, Respiratory Therapist, Pulmonologist, Physical Therapist, Palliative Medicine, Occupational Therapist, Physical Medicine and Rehabilitation, Speech Therapist, Registered Dietician, Social Worker, and an ALS Association Representative.

We provide care for patients all over the region. We have two ALS clinics - one at the Kaiser Permanente Steele Street location in Tacoma that meets the first Wednesday of the month, and a clinic at Kaiser Permanente Capitol Hill location that meets on the fourth Thursday of every month. We see 4-5 patients at every clinic. Patients arrive at 12:30pm, and the clinic runs from 1:00-4:30pm, where the patient and the family stay in one exam room while the providers come to the patient. Our primary goal is to manage the ALS patient's symptoms and preserve function and quality of life.

What Our Patients Say About Us

"I was amazed at how much information was available in an afternoon with the ALS multidisciplinary approach. This clinic has helped me be the best I can be. I love the ALS clinic."

"The clinic is timely and the staff is courteous and answers all my questions. ALS clinic provides beneficial suggestions as my condition progresses."

"The ALS clinic team are all very knowledgeable and caring. I feel I can call anytime and get a timely response. I enjoy coming to the clinic and seeing all the doctors in one visit. The ALS clinic is wonderful."



Neurologist - Dr. Edward Tay, Service Line
Medical Director

ALS Coordinator- Luci Wilcox, RN

Our Seattle ALS Team

Neurologist - Dr. Edward Tay

Pulmonologists – Dr. Kullatham

Kongpakpaisarn

Respiratory Therapist – Sally Estep

Registered Dietician - Matt Grunewald

Speech Therapist - Sarah Kaplan

Physical Medicine Rehab – Dr. David Kim

Physical Therapist - Brian Gaynor

Occupational Therapist –Lea Fang

Palliative Medicine - Dr. Ali Mendelson

Sound South Care Services Coordinator at ALS

Association Evergreen Chapter - Caryn Wise

Our Tacoma ALS Team

Neurologist- Dr. Edward Tay

Pulmonologist- Dr. Peter Chuang

Respiratory Therapist- Patricia Fiske

Registered Dietician - Vladi Ivanova

Speech Therapist -Sarah Herron

Physical Medicine Rehab - Dr. Steve Litsky

Physical Therapy- Sharon Ebel

Occupational Therapist- Jacqueline Muir

Palliative Medicine – Dr. Ali Mendelson

Sound South Care Services Coordinator at ALS

Association Evergreen Chapter - Caryn Wise

CONTACT US

For more information about our ALS services, please contact Luci Wilcox, RN, at 253-212-4182