



MULTIPLE SCLEROSIS

Kaiser Foundation Health Plan of Washington (Kaiser Permanente) offers neurology services across the state in seven clinics, supporting more than 1,000 Multiple Sclerosis (MS) patients. Each of our neurologists and physician assistants are trained to manage MS and have access to our Kaiser Permanente MS Centers for additional support.

The Kaiser Permanente MS Center in Seattle is certified by the National MS Society as a Center for Comprehensive Care, and the Kaiser Permanente MS Center in Silverdale is certified as a Partner in Care, which recognizes the high-level coordinated care our patients receive under our integrated model. The medical directors, Dr. Neda Zarghami and Dr. Timothy Searce, work closely with MS Nurse Coordinator, Stacy Gray, PA Roshni Desai, and MS Clinical Pharmacist, Stacy Tyrrell. Together, they coordinate care with all the specialties at Kaiser Permanente, including, but not limited to neuropsychology, social services, psychiatry, physical & occupational therapy, speech language therapy, neuro radiology, and urology.

This team-based approach, including a patient registry, allows the 1,000+ Kaiser Permanente Washington patients living with MS to be tracked and monitored by a care team that can provide individualized instruction. No matter the patient’s location, a pharmacist can monitor their medication, and an MS subspecialist can provide complex care through virtual or in-person visits.

From these visits, a neurologist can provide instruction for more localized in-person exams or place lab or radiology orders for the patient. and our MS nurse can provide support and management for the patient to find the easiest and most convenient location for them to access the care they need, virtually overseen by an MS expert.



Neda Zarghami, MD
MS Fellowship
University of Washington



Timothy Searce, MD



Roshni Desai, PA-C



Stacy Gray, RN, MN, MSCN
Multiple Sclerosis Certified Nurse



Stacy Tyrrell, PharmD, BCACP
Board Certified Ambulatory Care Pharmacist

“[Dr. Zarghami] and Stacy, what a wonderful thing to know you both have my back in this process. Always professional and kind and very good about getting back to me when I have questions about my care! It’s such a great feeling to know you all have my back when it comes to getting me the treatment I need! Thank you all so much for that!”

– Lean Phinney, patient



Contact Us

For more information about our MS services, please call 877-752-0417