A mask worn incorrectly is not safe
How to properly wear and use a mask

**DO**

- Wash your hands with soap and water or use alcohol-based hand sanitizer before you put on, touch, or take off your mask.
- Put the color side of the mask on the outside.
- Use the ties or loops to put your mask on and take it off.
- Cover your mouth, nose bridge, and chin.
- Be sure the mask fits snug against your face.
- Keep your hands away from your face and head while wearing the mask.
- Take off the mask while you are at least 3 feet away from other people.

**DON’T**

- Touch your mask or face without first using soap and water for 20 seconds, or alcohol-based hand sanitizer until hands are dry.
- Pull the front of the mask up or down to talk, breathe, or eat—assume the front is contaminated.
- Touch the front of the mask.
- Touch the front of the mask when you take it off.

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